Stretch, Sip &

Join us for the ultimate downward dog experience benefitting RWC and Cold Nose Warm Heart Dog Rescue.

Hosted by Roxbury Woman's Club + Jersey Girl Brewing Co. led by instructor Dawn Boyer of

Center Point Wellness + Kula Yoga

Get your downward dog on:

Date: Sunday October 5

Time: 11am-12pm

Location: Jersey Girl Brewing Co

426 Sand Shore Rd, Hackettstown NJ 07840

What to Expect:

- Playful pups + 45mins of peaceful poses
- Local adobptable pups bringing the OMG to your OM
- 🐆 A post flow pint to toast to a good cause





COLD NOSE

Reserve your spot & purchase your ticket:



\$50

includes 1 beer unlimited puppy kisses BYO- mat

must be 21+ to attend





Come for the zen, stay for the hops. Leave with a happy heart (and maybe a new best friend) Donations encouraged (dog treats/toys - no rawhide)